

Autumn Term Planner

Week 2: Malham

Week 3: Filey

Week 4: Brimham Rocks

**Week 5: Lockton and
Levisham**

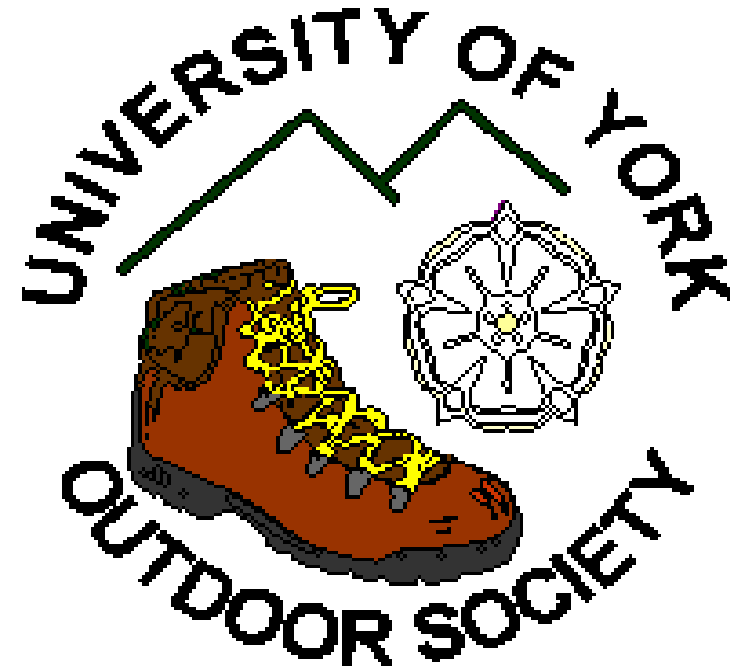
**Week 6: Lake District
Weekend Trip**

Week 7: Hutton Le Hole

Week 8: Kettlewell

Week 9: Haworth

Outdoor Society



Members Booklet 2007/8

Meet The Committee

Chair:	Matt Ledger
Secretary:	Chris Sykes
Treasurer:	Liz Brown
Weekend Trips:	Daniel Wickison
Transport:	Sam Coe
Safety and Training:	Andrew Burkimsher
Merchandise:	Sarah Hamilton
Equipment:	Mario Bisiada
Webmaster:	Damian Posener
Bear Officer:	Gordon Jump
Press and Publicity:	Sam Coe & Susannah Gillard
Social Secretary:	Gordon Jump & Chris Sykes

Contact Information

Aside from visiting us at sign ups we can be contacted in the following ways:

Post: The Outdoor Society, Student Centre
University of York
Heslington
York
YO10 5DD

Email: info@outdoorsoc.co.uk

WWW: <http://www.outdoorsoc.co.uk>

Walk Leader Training

We are always on the look out for keen new members to join our committee and make this the society's best ever year. We welcome everyone to become involved, no matter your walking ability or whether or not you can only make a few walks a term. We are especially keen for new members to become fully qualified Walk Leaders and First Aiders, qualifications that will look great on anybody's CV. We will hold our first Walk Leader training session later on this term and the First Aider training after Christmas. If you have any questions don't be afraid to ask any member of the committee.

Outdoor Soc Sponsors

Deloitte are kindly sponsoring Outdoor Soc this year by subsidising the Weekend Trip to the Lakes. Deloitte offer great opportunities for graduates, more information can be found on their website: <http://graduates.deloitte.co.uk/>

The Deloitte logo is displayed in a large, bold, blue sans-serif font. The word "Deloitte" is followed by a small green circle, which is the company's signature dot.

Peaks Challenge (26 miles, 12 hours). Our trips generally consist of one day solid walking, tackling mountainous terrain beyond the scope of our weekly walks and one gentler day sightseeing. We advise members to have completed at least one long walk before signing up for the best walk of the term.

Costing £20 to £30 the trips start late Friday afternoon and finish by Sunday evening. We either stay in a snug bunkhouse or brave the elements and camp and we always have a fantastic pub lunch on the Saturday evening. For these trips it is essential that everyone has proper walking boots and waterproofs and brings lots of food.

Each trip is limited to around 14 people and they are always really popular, so we require a deposit of £10 upon signing up. In the Autumn Term we will be going to climb Red Pike near Honister in the Lake District.

Socials

We arrange an average of four socials per term, enabling the society to meet and have fun *sans* walking boots. Our socials range from the famously scary York Ghost walk to a visit to the unmissable York Brewery via bowling, ice skating, Go Karting, Pub Orienteering against arch rivals Ben Lairig, and a delicious summer barbecue. Most socials end up in a pub and beyond, and we welcome non members to join in the madness.

General Information

Congratulations and welcome to the University of York's Outdoor Society, one of the largest, oldest most active societies on campus. Every Sunday we run a walk to one of the many stunning locations throughout Yorkshire. Visiting a different location each week we take in the beautiful scenery of the Yorkshire Dales, North York Moors, Worth Valley and the coast.

We cater for a whole range of walking abilities, from gentle ramblers to serious hikers by running both long (10-12 miles), and medium (6-8 miles), walks every week. The long walkers will need to bring a packed lunch with them, but the medium walkers get to taste the delights of the local pub lunches. Occasionally the medium walkers will do an extra activity instead of walking in the afternoon.

Each walk is accompanied by a fully qualified Walk Leader and First Aider, and is prepared well in advance of the day so that we can make the most of Yorkshire's exquisite landscape. Sign ups for the trips are on the preceding Tuesdays and Thursdays at Vanbrugh Stalls between 12 -2pm. In the Autumn term we are extremely popular so we advise you to sign up as soon as possible. If you can't make it to sign ups don't worry, either ask someone else to sign you up or let one of the committee know, but like everyone else you must pay in advance. Each walk costs £4 for members and £7 for non-members (you

can only come on one walk before becoming a member). Membership for the year is a very reasonable £10 which is great value for money considering all that we have to offer.

On the Sunday morning we meet outside the SU Centre by the Goodricke white benches at 8:50am. While it is sometimes possible to buy a ticket on the day we cannot guarantee you a space on the coach, but generally someone with a ticket fails to show up. We finish each walk by 4pm and get back to campus for no later than 6pm, when we all head off to the pub.

Each trip is not just about walking but also taking in the wonderful landscape Yorkshire has to offer. To take advantage of this we hold a termly photo competition with excellent prizes. We have a varied selection of merchandise available which can be viewed at our website <http://www.outdoorsoc.co.uk>

Congratulations on joining the best society at York and we hope to see you all on our walks throughout the year.

Survival Guide

- ✓ Always bring waterproofs, a coat and extra layers, even in the Summer, this is Yorkshire after all! But don't choose to stay in bed just because it's raining.
- ✓ Walking boots are essential for the long walks,

and strong shoes are needed for the medium walks. Do not wear trainers, kitten heels or Sandals, if you come inappropriately dressed we are unable to let you come on the walk.

- ✓ Try not to wear jeans, you'll find out why when it rains. If you have gaiters, bring them. Don't be scared of the mud, we all end up covered in it.
- ✓ Always bring loads of water and don't be afraid to ask the walk leader if you would like a break from walking. Walking is not a competition and the walk leaders should move at the pace of the slowest member of the group.
- ✓ Stick to the countryside code by leaving gates as you find them and don't litter.
- ✓ The Walk Leader is never lost, the map or the countryside may be wrong but never the Walk Leader. So never wander off on your own or in a small group without the Walk Leader's permission.

Weekend Trips

Since every one of our Sunday walks are immensely enjoyable, why not have twice the fun and come on one of our termly Weekend Trips? In recent years we have visited both the Lake and Peak Districts, climbed Snowdon and completed the rewarding Yorkshire 3